

Patient's Name: _____

Date Completed: _____

<u>Constitutional Symptoms</u>	Yes	No	<u>Gastrointestinal</u>	Yes	No	<u>Psychiatric</u>	Yes	No
Fatigue	___	___	Loss of appetite	___	___	Alzheimer's disease	___	___
Recent weight loss/gain	___	___	Nausea/Vomiting	___	___	Memory loss/confusion	___	___
Recurring fever	___	___	Frequent diarrhea	___	___	Depression	___	___
<u>Eyes</u>			Constipation	___	___	Suicidal thoughts	___	___
Eye disease or injury	___	___	Rectal Bleeding	___	___	Chemical dependency	___	___
Wear glasses/contacts	___	___	Abdominal pain	___	___	<u>Neurological</u>		
Blurred/double vision	___	___	Stomach ulcer/heartburn	___	___	Frequent/recurring headaches	___	___
Glaucoma	___	___	Hepatitis	___	___	Migraines	___	___
<u>Ear, Nose, Mouth, Throat</u>			Cirrhosis	___	___	Light headed/dizzy	___	___
Hearing loss or ringing	___	___	Pancreatitis	___	___	Convulsions/seizures	___	___
Ear infection/drainage	___	___	<u>Genitourinary</u>			Numbness or tingling	___	___
Chronic sinus problems	___	___	Renal (Kidney) Disease	___	___	Paralysis	___	___
Nosebleeds	___	___	Frequent urination	___	___	Stroke	___	___
Mouth sores	___	___	Burning or painful urination	___	___	Head injury	___	___
Bleeding gums	___	___	Blood in urine	___	___	Polio	___	___
Hoarseness	___	___	Sexually transmitted disease	___	___	Multiple sclerosis	___	___
Swollen glands in neck	___	___	Prostate disease	___	___	Cerebral Palsy	___	___
<u>Cardiovascular</u>			<u>Musculoskeletal</u>			<u>Endocrine</u>		
Chest pain	___	___	Arthritis, degenerative	___	___	Diabetes	___	___
Heart attack	___	___	Arthritis, rheumatoid	___	___	If Diabetic, average blood sugar	_____	_____
Palpitations	___	___	Joint pain	___	___	Insulin Dependent?	___	___
Swelling of feet, hands, ankles	___	___	Weakness of muscle/joints	___	___	Non-Insulin Dependent?	___	___
Rheumatic fever	___	___	Muscle pain or cramps	___	___	Diet Controlled?	___	___
Heart valve replacement	___	___	Back pain	___	___	Thyroid disease	___	___
High blood pressure	___	___	Cold extremities	___	___	Glandular/hormonal prob.	___	___
Low blood pressure	___	___	Difficulty walking	___	___	Excessive thirst or urination	___	___
Mitral valve prolapse	___	___	Muscular dystrophy	___	___	<u>Hematologic/lymphatic</u>		
Heart Murmur	___	___	Osteoporosis	___	___	Slow to heal after cuts	___	___
High cholesterol	___	___	Joint replacement	___	___	Bleeding or bruising	___	___
Pacemaker	___	___	Fibromyalgia	___	___	Anemia	___	___
<u>Respiratory</u>			<u>Skin</u>			Phlebitis/blood clots	___	___
Chronic or frequent cough	___	___	Rash/itching	___	___	Past transfusions	___	___
Spitting up blood	___	___	Change in skin colour	___	___	Leukemia	___	___
Shortness of breath	___	___	Change in hair	___	___	Lymphoma	___	___
Asthma or wheezing	___	___	Hives	___	___	HIV/AIDS	___	___
Tuberculosis	___	___	Psoriasis	___	___	Sickle cell	___	___
Emphysema	___	___				Cancer	___	___
Pulmonary Disease	___	___	<u>Other</u>			Radiation Treatment	___	___
Sleep Apnea	___	___	_____					
If yes, use breathing machine	___	___	_____					
Use home oxygen	___	___	_____					

X _____
 Patient/Legal Representative/Parent Signature Date
For office use only:

 Physician's Signature Date

 Patient/Legal Representative/Parent Signature Date

 Physician's Signature

 Patient/Legal Representative/Parent Signature Date

 Physician's Signature Date

PAIN CARE CLINICS
New Patient Questionnaire

PLEASE NOTE THIS DOCUMENT IS TWO-SIDED

PATIENT DEMOGRAPHIC

Patient Name (first, last): _____ Date: _____

Address: _____ Email: _____

Phone: (Home) _____ (Office) _____ (Mobile) _____

Date of Birth: (Month, Day, Year) _____ Age: _____ Height: _____ Weight: _____

Gender Identity: (Circle) Male Female Other: _____ Hand Dominance: (Please Circle) Left / Right

Family/ Referring Doctor: _____ Phone: _____

Address: _____ Fax: _____

Health Card Number: _____ Version Code: _____

INSURANCE INFORMATION (as Applicable)

WSIB Claim Number: _____ WSIB Contact: _____ Phone: _____

Date of Injury: _____ File Resolved: Yes No WSIB Referrals: _____

Insurance Claim Number: _____ Insurance Company: _____

Extended Health Benefits Company: _____ Policy Number: _____

EMERGENCY CONTACT

Name: _____ Relationship: _____ Phone: _____

HISTORY OF AREA OF CONCERN

Main Complaint: (Why were you referred) _____

What caused this problem: (Please Circle) Work Injury Auto Accident Illness Unknown Other: _____

How long have you had this pain problem: _____

Is your pain: (Circle all that apply) Dull Achy Constant Sharp Shooting Other: _____

Do you experience: (Circle all that apply) Burning Tingling Cramping Numbness Shooting Other: _____

Pain increased with: (Please Circle) Sitting Standing Walking Lying down Other:

Pain decreased with: Sitting Standing Walking Lying down Other:

How Long Can you: Sit _____ No limit Stand: _____ No limit Walk: _____ No limit

Does your pain radiate to: (Please Circle) **Leg/Foot** Right Left **Arm/Hand** Right Left

BRIEF PAIN INVENTORY

1. Please rate your pain by circling the one number that best describes your pain at its WORST in the past week.

(No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst Imaginable)

2. Please rate your pain by circling the one number that best describes your pain at its LEAST in the past week.

(No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst Imaginable)

3. Please rate your pain by circling the one number that best describes your AVERAGE pain in the past week.

(No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst Imaginable)

4. Please rate your pain by circling the one number that best describes your pain RIGHT NOW.

(No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst Imaginable)

5. Circle the ONE number that describes how, during the past WEEK, pain has interfered with your:

A. General Activity:

0 1 2 3 4 5 6 7 8 9 10
(Does not interfere) (Completely interferes)

B. Mood:

0 1 2 3 4 5 6 7 8 9 10
(Does not interfere) (Completely interferes)

C. Walking Ability:

0 1 2 3 4 5 6 7 8 9 10
(Does not interfere) (Completely interferes)

D. Normal work (includes both work outside the home and housework):

0 1 2 3 4 5 6 7 8 9 10
(Does not interfere) (Completely interferes)

E. Relations with other people:

0 1 2 3 4 5 6 7 8 9 10
(Does not interfere) (Completely interferes)

F. Sleep:

0 1 2 3 4 5 6 7 8 9 10
(Does not interfere) (Completely interferes)

G. Enjoyment of life:

0 1 2 3 4 5 6 7 8 9 10
(Does not interfere) (Completely interferes)

6. During the last week, please circle the one number that best describes how much RELIEF you have received from your pain medications.

(No relief) 0 10% 20% 30% 40% 50% 60% 70% 80% 90% 100% (Complete relief)

7. If you take pain medication, how many HOURS does it take before the pain returns. (medication doesn't help)

0 1 2 3 4 5 6 7 8 9 10 11 12 >12

8. I prefer to take my pain medication:

On a regular basis Only when necessary I do not take pain medication

9. I take my pain medication (in a 24 hour period):

Not every day 1-2 times per day 3-4 times per day 5-6 times per day > 6 times per day

10. Do you feel you need a stronger type of pain medication? Yes No Uncertain

11. Do you think you need more pain medication than your doctor has prescribed? Yes No Uncertain

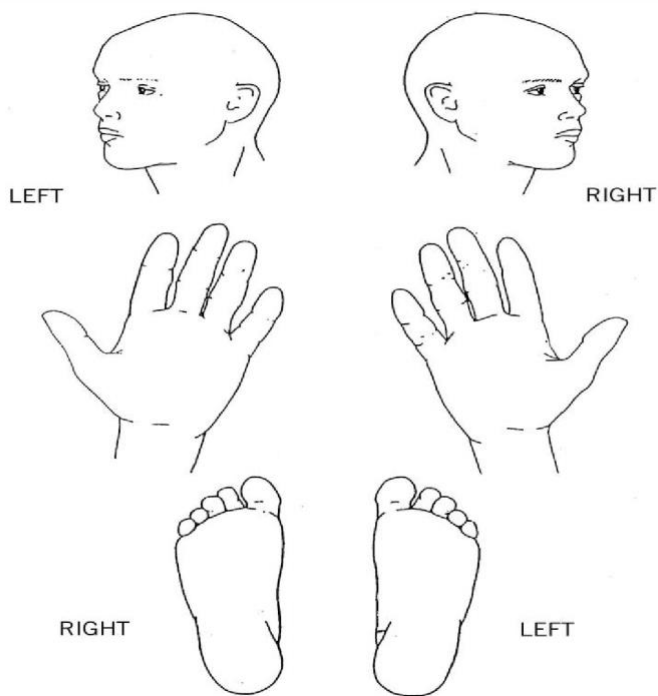
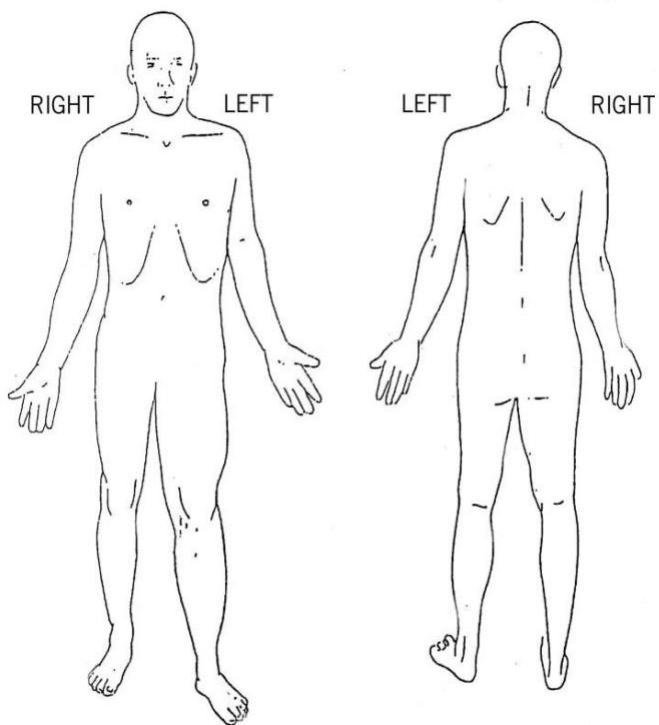
12. Are you concerned that you use too much pain medication? Yes No Uncertain

13. Are you experiencing side effects from your pain medication? Yes No

14. Do you feel you require more information about your pain medication? Yes No

If yes, which ones: _____

Please **shade** in the areas where pain is bothering you. You may use **arrows** to show where pain shoots or radiates. You may also use **symbols** to represent different types of pain (eg. +++ is burning pain). Please identify symbols if you choose to use them.



PREVIOUS PAIN TREATMENTS

Surgery: (Type/Date/Surgeon) _____

Injections: (Type/ Date/ Doctor) _____

Injections: (Type/ Date/ Doctor) _____

Please list other specialist doctors you have seen for your pain problem: _____

Have you tried: Physiotherapy Acupuncture Chiropractor Massage Other: _____

Did they provide any relief: _____

PAST MEDICAL HISTORY

Surgical:

Medical:

Do You Have A History Of The Following? (CIRCLE)

High blood pressure Diabetes Heart disease Stroke Liver disease/hepatitis Kidney disease Seizure

Lung disease Asthma Fracture Joint replacement Arthritis HIV/AIDS Thyroid disease Cancer

Blood clots Headaches Depression Anxiety

OTHER _____

Details of above: _____

Are you taking any blood thinners? If so which? _____

DIAGNOSTICS TESTS (Please give details of test date and where test was performed)

X-Ray: _____

CT-Scan: _____

MRI:

Ultrasound: _____

EMG/Nerven conduction tests:

Other: _____

SEXUAL HISTORY (If Applicable)

Are you concerned about this issue? Yes No

Have you noticed that your sexual function has been impacted by your pain problem? Yes No

Do you think it is related to your pain medicine? Yes No

Is the issue primarily lack of desire? (Yes No), lack of physical ability? (Yes No), or both? (Yes No)

Addiction Risk

Smoking History: how many years have you smoked? _____ How many cigarettes or packs per day? _____

Alcohol - Do you drink: ____ If so how often: _____ Preferred Drink(s): _____

Average number consumed when you drink: _____ Average per week: _____

Have you ever felt you should cut down on your drinking? Yes No

Have people annoyed you by criticizing your drinking? Yes No

Have you ever felt bad or guilty about your drinking? Yes No

Have you ever had a drink in the morning to steady your nerves? Yes No

Illegal Drug Use (please circle all that apply, past or present):

Cocaine Heroine Ecstasy Steroids Amphetamines

Other: _____

Details/When last used: _____

Have you ever purchased prescription drugs off the street? (Please circle all that apply, past or present):

Oxycontin Percocet Tylenol with Codeine Methadone Benzodiazepine (eg; Valium,

Lorazepam/Ativan, Clonazepam ,etc.) Other: _____

Details/when last used: _____

Have you ever abused PRESCRIPTION DRUGS acquired from a Medical Doctor? Yes No

Details

Patient Signature: _____ **Date:** _____

Thank you for completing this questionnaire.

HADS

Please read each statement below and circle the number which best describes how true the feeling is for you.

Please circle one number per question	Yes, Always	Yes, sometimes	No, not much	No, not at all
1. I wake early and then sleep badly for the rest of night	3	2	1	0
2. I get very frightened or have panic feeling for apparently no reason at all.	3	2	1	0
3. I feel miserable and sad	3	2	1	0
4. I feel anxious when I go out of the house	3	2	1	0
5. I lost interest in things	3	2	1	0
6. I get palpitations or sensations of butterflies in my stomach or chest	3	2	1	0
7. I have a good appetite	0	1	2	3
8. I feel scared or frightened	3	2	1	0
9. I feel life is not worth living	3	2	1	0
10. I still enjoy the things I used to	0	1	2	3
11. I am restless and can't keep still	3	2	1	0
12. I am more irritable than usual	3	2	1	0
13. I feel as if I have slowed down	3	2	1	0
14. Worrying thoughts constantly go through my mind	3	2	1	0

$$\text{A score} = 2 + 4 + 6 + 8 + 11 + 12 + 14$$

$$\text{D score} = 1 + 3 + 5 + 7 + 9 + 10 + 13$$

**Pain Care Clinics
FIRST**

Patient Name: _____

Date Completed: _____

Fibromyalgia Rapid Screening Tool 2010

	Y / N
I have pain all over my body	
My pain is accompanied by a continuous and very unpleasant general fatigue	
My pain feels like burns, electric shocks or cramps	
My pain is accompanied by other unusual sensations throughout my body, such as pins and needles, tingling or numbness	
My pain is accompanied by other health problems such as digestive problems, urinary problems, headaches or restless legs	
My pain has a significant impact on my life, particularly on my sleep and my ability to concentrate, making me feel slower generally	
TOTAL	/6

Cut-off score	Sensitivity ^a	Specificity ^a
1	100	7.1
2	98.8	12.5
3	98.8	28.5
4	94.1	75.0
5	90.5	85.7
6	62.3	96.5

^a The values in the table are percentages.

Pain. 2010 May 18. [Epub ahead of print], Development and validation of the Fibromyalgia Rapid Screening Tool (FiRST). Perrot S, Bouhassira D, Fermanian J

DN4 – QUESTIONNAIRE

To estimate the probability of neuropathic pain, please answer yes or no for each item of the following four questions.

INTERVIEW OF THE PATIENT

QUESTION 1:

Does the pain have one or more of the following characteristics?	YES	NO
Burning	<input type="checkbox"/>	<input type="checkbox"/>
Painful cold	<input type="checkbox"/>	<input type="checkbox"/>
Electric shocks	<input type="checkbox"/>	<input type="checkbox"/>

QUESTION 2:

Is the pain associated with one or more of the following symptoms in the same area?	YES	NO
Tingling	<input type="checkbox"/>	<input type="checkbox"/>
Pins and needles	<input type="checkbox"/>	<input type="checkbox"/>
Numbness	<input type="checkbox"/>	<input type="checkbox"/>
Itching	<input type="checkbox"/>	<input type="checkbox"/>

EXAMINATION OF THE PATIENT

QUESTION 3:

Is the pain located in an area where the physical examination may reveal one or more of the following characteristics?	YES	NO
Hypoesthesia to touch	<input type="checkbox"/>	<input type="checkbox"/>
Hypoesthesia to pinprick	<input type="checkbox"/>	<input type="checkbox"/>

QUESTION 4:

In the painful area, can the pain be caused or increased by:	YES	NO
Brushing?	<input type="checkbox"/>	<input type="checkbox"/>

YES = 1 point

NO = 0 points

Patient's Score: /10